



Seckford Spa

Treatment Menu

FACIALS

Prescription & Skin Boosting Facials

THE POWER BREAKFAST FACIAL

Express facial for all skin types

30 minutes

£35.00

If you are looking for quick results, need to look your best and don't have much time, this is the one for you. We have taken all the ingredients that you would find in a healthy breakfast, containing oats, honey and fruit juices, to create this revitalising facial. Includes a deep cleansing power cleanse, nutritious mask, lymph drainage massage and wonderful scalp massage. Now you are ready!

MY KINDA SKIN

Bespoke prescription facial for individual skin types

60 minutes

£60.00

Are you the sensitive type? Classic combination? Dreadfully dry? Perhaps you don't know. Let us analyse your skin and prepare a wonderful treatment using products specifically for your skin type. Just relax and we'll do the rest. This gorgeous facial includes a face mask, lymph drainage and a face, scalp, hand and arm massage of your choice - choose from tranquil or lifting. You will feel amazing and your skin will look so, so good.

MEDITERRANEAN MARINADE

A calming facial for sensitive or delicate skin

60 minutes

£60.00

A totally luxurious facial packed with fresh ingredients and vitamin boosters that will leave the skin, body and mind smoothed and soothed. Designed to reduce the effects of sun, stress or fatigue. Following a deep cleanse, your skin is softened and tenderised with our unique Temple Spa marinade, lymph draining and a tranquil face massage. A deeply relaxing experience not to be missed.

GO GUY – MALE EXECUTIVE

Men's facial for all skin types

60 minutes

£60.00

This macho facial is perfect to revive, refresh and invigorate. Your skin will be revitalised with a deep brush cleanse, a choice of lifting or tranquil massage, lymph draining techniques and an exfoliating mask. Aching neck muscles will be massaged, worry lines smoothed and headaches soothed. Finally, a detoxifying foot massage. You'll feel glad you gave us an hour of your time.

Wellbeing Facials

REPOSE AROMATHERAPY FACIAL

Relaxing, indulgent facial for all skin types

75 minutes

£75.00

There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial is infused with generous anti-inflammatory ingredients and will soothe, calm and nourish a tired, irritated or unhappy complexion. A divine treatment that includes lymph drainage and a tranquil face massage, a relaxing eye treatment and hot oil scalp massage. Pure Bliss.

THE TOTALLY QUENCHED & DRENCHED

Rehydrating facial for thirsty skin

75 minutes

£75.00

The ultimate in anti-ageing, this lavish facial is a must for dehydrated or neglected skin and is designed to leave it looking radiant & fresh. Combining powerful antioxidants to help fight the ageing process and loss of elasticity in the skin, this divine treatment includes our intense eye therapy and eye massage and a rather special secret remedy.

WINDOWS OF THE SOUL

Divine eye treatment

30 minutes

£35.00

Perfect for when you look tired, this treatment is designed for the delicate eye area that needs special attention. Using intensive formulations and 'cold therapy' to tighten and tone the eye area, plus specialised eye massage techniques to lift, smooth and revitalise. This is the one to put the sparkle back into your eyes. It's also lovely to add to any facial, or by itself.

CHAMPAGNE & TRUFFLES DELUXE TREATMENT

The crème de la crème of facials

90 minutes

£110.00

This stunning treatment is just the thing if you are looking for a serious celebration for the skin, containing ingredients such as champagne, silk, diamonds, gold and of course black truffles. Highly unique elements include special lymph draining massage techniques to reveal fresher skin, a warm melting mask to help iron out fine lines and wrinkles, specialist lifting massage to strengthen muscle tone on the face and jowls, an iced blend to reduce puffiness and cold stone therapy. Finally, an application of Temple Spa award-winning SKIN TRUFFLE, will leave your complexion glowing, more youthful and instantly wonderful. You will receive a flute of bubbly and a delicious handmade truffle as you admire your complexion!

TRUFFLE EYE TREAT - MIRACLE WRINKLE REMEDY

A powerful non-surgical eyelift

30 minutes

£42.00

The most luxurious anti-ageing treat that your eyes have been craving for. The eye area is treated with a gentle, yet scientifically advanced lifting eye massage combined with facial lymph drainage to brighten dark circles, plus a heavenly scalp massage to relax tension held around the eyes. In addition, super luxe EYE TRUFFLE is applied with cold therapy techniques for maximum wrinkle-ironing results. You'll emerge looking and feeling incredible, with an eye and brow area that is lifted, firmer and smoother, with reduced fine lines and wrinkles. Wow!



SPA EXPERIENCES

Top to Toe Spa Affairs!

THE MEDITERRANEAN FLOAT

The fully loaded skin-luxe facial & body duo

90 minutes

£85.00

Packed with delicious ingredients, this double deluxe all over treatment will leave you looking and feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with the iconic Mediterranean body scrub, prior to being cocooned in an aromatic infusion to soften and hydrate. Your rejuvenating facial contains our unique Mediterranean marinade. The results....? A totally smoothed and soothed skin, head to toe.

MY KINDA MOOD

A prescriptive facial & massage bespoke to you

120 minutes

£105.00

Not sure how to spend the next couple of hours? Firstly, we'll chat about how you are feeling - skin, body & soul - and let you smell the different aromas to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full body massage, followed by an indulgent facial. We will select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.

BODY WRAPS AND INFUSIONS

I'LL BE BACK

A facial for the back

45 minutes

£55.00

Following an invigorating skin exfoliation with our Mediterranean scrub, warm purifying mud is smoothed all over your back for a deeply cleansing treatment. Heated fragrance infused mitts are used to remove the mask before a stimulating massage, leaving you energised and with a back to be proud of.

AAAHHH!

Leg & foot energiser

30 minutes

£32.00

Don't you just hate it when your legs & feet beat like drums? This oh-so-good treatment is instant relief for tired, over worked limbs. It begins with skin brushing, to help eliminate excess fluids, followed by our Mediterranean Scrub; a warm oil massage, that will leave you tingling, and finally an invigorating rub with Aaahhh! Wonderful to add on to another treatment.

THE OUTER GLOW

Face & body exfoliation

45 minutes

£50.00

Using our unique Sugar Buff Body Scrub, we polish your body and exfoliate your face with Breakfast Smoothie. This invigorating and refreshing all over treatment leaves the skin top-to-toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Go and glow!

GLORIOUS MUD

Skin conditioning & detoxifying mud wrap

60 minutes

£65.00

Using the finest blends of ingredients for detoxifying and purification of the body, this treatment starts with top-to-toe body-brushing to encourage lymphatic flow. The body is then smoothed with warm vitamin and mineral rich mud which helps nourish and purify the skin. Once cocooned in a cosy wrap, the relaxation process is then taken to another level with a glorious face and scalp massage. You wouldn't believe wallowing in mud could feel so good!

MEDITERRANEAN MESSAGES

The best massage treatments you'll ever experience

SIGNATURE MASSAGE

60 minutes

£60.00

A great treatment for when your confidence needs a boost or when your muscles just need a hug. The treatment begins with an energising back massage using our Dream Stones, followed by a rebalancing foot and leg massage and a re-assuring scalp massage. This is completed with an application of our Power Breakfast mask removed with steam towels infused with an uplifting aroma.

MEDITERRANEAN SEA MASSAGE

60 minutes

£65.00

Each massage is delivered on a gorgeous floating HYDROTHERM WATER MATTRESS – leaving you feeling dreamy, nurtured and totally at ease. These body temperature, water-filled mattresses hug your curves and ensure that at all times the body is supported. A truly amazing experience.

The weightless feeling is also perfect for mums to be, bodies that are showing a bit of wear and tear or those feeling a bit delicate or fragile. If you prefer a massage that is performed with you only lying on your back (i.e. no turning over needed), ask your therapist who can advise you as to which one to select.

Float your stress away...

A most wonderful massage experience utilising the world's first Hydrotherm 3D massage system. A new dimension in the healing art of massage. Total revitalisation, regeneration and harmony whilst you are laying face up on cushions of warm water. A deep and profoundly relaxing massage technique, surpassing both the effects and benefits of conventional massage therapy. The Mediterranean Sea massage is for mind, body and spirit.

NEW BEGINNINGS

Mummy to be massage

60 minutes

£60.00

Pregnancy is a most wonderful time that requires treatments specially designed just for you. You will enjoy a full body massage, without the need to lie on your tummy. Our specially trained therapists know exactly how to work those sore tired muscles while you feel completely comfortable and relaxed. You never know, the little bambino might enjoy the sense of calm too!

DRIFT AWAY

30 minutes £32.00

(back, neck & shoulder massage)

60 minutes £60.00

(relaxing full body massage)

90 minutes £85.00

(relaxing full body massage including a facial and scalp massage)

It will soothe frazzled nerves, relaxing the muscles and the mind. We'll wind you down and take your mind off your thoughts for a while.



MANICURES AND PEDICURES

EXPRESS MANICURE OR PEDICURE

File and paint with varnish on hands 30 minutes

£20.00

File and paint with varnish on feet 30 minutes

£20.00

REPLENISHING MANICURE OR PEDICURE BY OPI

60 minutes (inc varnish)

£30.00

Additional French Polish

+£3.00

Additional gel application

+£10.00

Packed with botanical ingredients this essential monthly manicure or pedicure is a must have treatment, filled with natural extracts, vitamins and anti oxidants.

LUXURY SPA MANICURE BY OPI

75 minutes (inc varnish)

£37.00

Additional French Polish

+£3.00

Additional gel application

+£10.00

Age-defying, nourishing luxury manicure enriched with therapeutic ingredients which envelops skin for visibly younger looking hands, includes a paraffin wax mask and heated mittens for that extra indulgence and rehydration.

LUXURY SPA PEDICURE BY OPI

75 minutes (inc varnish)

£40.00

Additional French Polish

+£3.00

Additional gel application

+£10.00

Luxury Spa Pedicure includes a paraffin wax mask and heated boots for that extra indulgence and rehydration. *Please bring a pair of open toe shoes following a pedicure treatment.*

ICONIC OPI GELCOLOUR 60 minutes

GelColour by OPI's shine intense shades cure in 30 seconds and lasts for weeks! OPI colour at the speed of light.

Gel application including file and cuticles (for either hands or feet)

£35.00

Additional French Overlays

+£3.00

Soak Off Gels

£8.00

OUTBACK ORGANICS WAXING

Fusing the latest cosmetic ingredients with innovative natural extracts from the coastline, forests and bush lands of Australia, the Outback Organics range has been developed to offer clients a choice of effective, botanical skin care solutions with an Aussie twist.

WOMEN

Full Leg	35 mins	£30.00
Half Leg	20 mins	£22.00
Bikini	15 mins	£18.00
High Bikini	20 mins	£23.00
Hollywood	45 mins	£35.00
Brazilian	45 mins	£30.00
Brow	15 mins	£10.00
Lip	15 mins	£10.00
Chin	15 mins	£10.00
Lip and Chin	15 mins	£18.00
Forearm	20 mins	£15.00
Full Arm	20 mins	£20.00
Underarm	15 mins	£15.00

EYEBROWS AND EYELASHES

Eyelash Tint	30 mins	£18.00
Brow Tint	15 mins	£10.00
Lash and Brow Tint	30 mins	£25.00

NB: All tinting and perming require a patch test 24 hours prior to the treatment.

MEN

Chest or Back	30 mins	£30.00
Chest and Back	45 mins	£40.00

EYELASH EXTENSIONS

Lash Extensions provide thickness and length to natural eyelashes thus enhancing the charm and appeal of your eyes. Natural Wear - lashes are perfect for daily wear or for an active lifestyle. You can shower, swim, spa and sleep problem free because eyelash extensions are waterproof and durable. You can enjoy having long, beautiful and thicker lashes 24 hours a day and for weeks at a time without hassle, inconvenience or the need for mascara. Natural Look - These luscious lashes are so natural that no one will ever know the difference. They have a natural curl so you can throw away your eyelash curler. The lashes come in various thicknesses, colours and lengths and curvatures to beautifully blend with your own lashes. Natural Feel - When professionally and properly applied, these lightweight lashes feel just like your own.

Eyelash Extensions	2 hrs	£75.00
Lash Infills (every 2-3 weeks)	1 hr	£35.00
Soak off for Lashes		£15.00

THREADING

Threading is an ancient art of eyebrow shaping and hair removal technique originating from Asia. Threading has fast become the celebrities' preferred method for shaping perfect eyebrows. Threading defines and shapes the eyebrows. The treatment is kinder to your skin than waxing as no heat or chemicals are applied. Shaped eyebrows enhance facial features which is a real confidence booster. Regrowth is finer, softer and smoother.

Brow	15 mins	£10.00
Lip	15 mins	£10.00
Chin	15 mins	£10.00
Cheeks	15 mins	£10.00
Full Face	30 mins	£30.00

FAKE BAKE

- Fake Bake products contain a wash-off cosmetic guide colour to make application easy.
- Fake Bake gives longer lasting (up to 50% longer than self-tans), more natural-looking results.
- Fake Bake is made from only the finest naturally derived ingredients.
- Fake Bake self-tan regimes offer a variety of skincare benefits - anti-ageing, anti-oxidant protection.
- Fake Bake products are pleasantly fragranced and don't leave the strong smell often associated to other self-tans.
- Fake Bake products are not tested on animals.
- Fake Bake products are free from parabens.

60 minutes

£45.00

(includes full body exfoliation and full body tan including face)

BRIDAL PACKAGE

£120.00

Prepare for your special day with these top to toe treatments

THE OUTER GLOW

Using our unique Sugar Buff Body Scrub, we polish your body and exfoliate your face with Power Breakfast. This invigorating and refreshing all over treatment leaves the skin top to toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation. Go and glow.

Manicure and Pedicure with Gel Colour

Additional French Overlays

45 mins

+£3.00

Lash and Brow Tint

NB: All tinting and perming require a patch test 24 hours prior to the treatment.

GROOM PACKAGE

£90.00

GO GUY – MALE EXECUTIVE

Men's facial for all skin types

60 mins

This macho facial is perfect to revive, refresh and invigorate. Your skin will be revitalised with a deep brush cleanse, a choice of lifting or tranquil massage, lymph draining techniques and an exfoliating mask. Aching neck muscles will be massaged, worry lines smoothed and headaches soothed. Finally, a detoxifying foot massage. You'll feel glad you gave us an hour of your time.

MALE OPI MANICURE AND PEDICURE

Give those hands and feet a treat, packed with botanical ingredients, this essential manicure and pedicure is a must have treatment to prepare your hands and feet.

MAKE UP BY MII

Mii combines the finest ingredients, effortless application and unrivalled expertise to bring out your natural beauty.

Make Up Night out application

45 mins

£35.00

Make Up lesson

1 hr and 30 mins

£45.00

Wedding Make Up Trial

1hr and 15 mins

£45.00

Wedding Packages available - please ask for your individual requirements.



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